JUNE 10 - AUGUST 27 (Exhibition Dates)

HEIDI PARKES

Register for Museum programs online! Scan the OR code or visit www.lywam.org/learn-do/program-registration



Reuse, Reflection, and Storytelling in Cloth

Using cloth as her canvas, Wisconsin artist Heidi Parkes 'paints' with scraps of fabric and thread in her improvisational guilts. Her fiber artworks incorporate heirloom textiles that elicit memories, reflect on domesticity, and tell stories of shared experience. Using hand quilting techniques such as appliqué, layering, knot tying, and embroidery, this slow, tactile construction process imbues the guilt with a record of time and place.

This exhibition organized by the Woodson Art Museum showcases more than a dozen large-scale quilts sure to delight the senses.



A grant from the B.A. & Esther Greenheck Foundation supports programs with visiting artists.

– Heidi Parkes –



Milwaukee-based artist and yoga therapist Heidi Parkes centers her life around the handmade. Heidi teaches hand yoga and is an advocate for slow stitching, self-care, and mindfulness.

Tuesday, Wednesday, Friday JULY 18, JULY 19, JULY 21, 1 - 4 pm

MAKING & MENDING

Creative Care with Heidi Parkes

Try your hand at sewing (1 - 3 pm) with guidance from Heidi Parkes and learn simple stitching techniques on one of her quilt creations during stop-in stitching sessions at the Museum's Glass Box Studio. Warm up your hands and mind (3 - 4 pm) with Heidi during afternoon hand yoga sessions.





Thursday, JULY 20, 5:30 - 7 pm ARTIST TALK & GALLERY WALK

Join Heidi Parkes as she discusses her background, creative philosophy, and fiber art processes. Following the talk, stroll through the galleries with Heidi and hear insights about the artworks in her exhibition.

Sunday, **JULY 23**, 10 am - 3 pm FABRIC VESSEL WORKSHOP

Unique and perfect for repurposed scraps from a favorite quilt, fabric vases can be both functional and decorative. Heidi will lead all steps of creating a fabric vase. Use batting scraps to create a silhouette of your choosing around a small, clean, glass jar from your recycling bin, and learn hand sewing techniques to create a beautiful exterior. This class is for both beginners and experienced sewers. Registration required; fee: \$85 for Museum members, \$100 for non-members. Register online or call 715.845.7010. SCHOLARSHIPS AVAILABLE

(LEFT) Heidi Parkes, But, What Was it Like? (detail), 2018, vintage dress, silk fabric, mixed textiles, and cotton thread; (RIGHT) Heidi Parkes, Vignettes Quilt no. 1 (detail), 2021, mixed fabrics and thread, a scarf, vintage quilt blocks, hand embroidery, and feed sacks